



# REFLECTION GUIDE

After listening to *The Art and Science of Mentoring (More Than Mentoring, Part 9)*, consider the following questions on your own or with a professional learning community.

*As you reflect on the ways that this seasons' podcasts, what about the art and science of instructional mentoring resonates with you?*

1

*In what ways do you think intellectual preparation can help you best support mentees, colleagues, and students you have the opportunity to work with?*

2

*After listening to this conversation between Daniela and Kathleen, what might be the ways you are growing as a reflective and effective practitioner?*

3

*How might you intentionally show up for others and make the best use of the time that you have when working with mentees, colleagues, and students? How might you frame "the plate" of purpose, focus and accountability when working with others?*

4

*How do you envision mentoring strengthening your workplace? What steps can you take to make this vision a reality?*

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